

## DISTRICT 5

### DEMOGRAPHIC INFORMATION

<b>Population (Estimates)</b>	
Total	74,760 (4th highest)
Households	38,090
Average household size	1.9 persons
% family households	30%
% households with children	11%
% households with single person	49% (highest with District 2)
<b>Seniors</b>	
60+	13,469 (6th highest)
65+	9,897 (6th highest)
% living alone	56%
Children (0-17)	6,664 (10th highest)

<b>Income and Poverty (Estimates)</b>	
Median Income by Household	\$67,331 (8th highest)
Per Capita Income	\$49,776 (3rd highest)
All residents below 200% of poverty level*	28.5% (6th highest)
Residents below 100% of poverty level**	13% (4th highest)
<b>Homeless</b>	
Total sheltered and unsheltered	344 (6th highest)
Total unsheltered	284 (5th highest)
Seniors (65+) below 200% of poverty level <sup>9</sup>	48.6% (3rd highest)

<b>Employment</b>	
Employed residents	47,870
Unemployment rate	6% (5% is the lowest in the City)

<b>Housing (Estimates)</b>	
# of Housing Units	40,970
Units lacking complete kitchens***	1,068 (4th highest)

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\*Given the high cost of living in San Francisco, individuals and families whose income is below 200% of the Federal Poverty Guidelines are at risk for food insecurity. For a family of four in 2013, their income would be no more than \$47,100.

\*\*In 2013 at 100% of the Federal Poverty Guidelines, income for a family of four would not exceed \$23,550.

\*\*\*A "complete kitchen" must contain a sink with a faucet; a stove or range; and a refrigerator.

**DISTRICT 5****PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

<b>Food Resources</b>	
CalFresh	
All individuals receiving	3,014 (6% of all cases Citywide), 6th highest
Seniors (60+)	290
Children (0-17)	1,030
Women, Infants, and Children (WIC)	695 (7th highest)
All individuals receiving	

\*Non-disabled seniors are eligible for CalFresh. However, at 65, low-income seniors – those who do not have earnings-based Social Security to draw from - receive SSI instead. In California (only), SSI recipients are ineligible for CalFresh. This policy explains in part the low numbers for CalFresh participation by seniors.

<b>Food Access</b>	
School Meals (daily)*	(Total enrollment: 2,519 in 4 schools)
# eligible for free or reduced priced meals	1,220 (48.4% of enrolled, 2nd lowest)
# eating school lunch	983 (39% of enrolled)
# eating school breakfast	190 (7.5% of enrolled)
Summer Lunch for Children	
# of sites (SFUSD/DCYF)	2/9
# of children/day (average SFUSD/DCYF)	177/452
# days open (average SFUSD/DCYF)	2/45 days
On-site Lunch (City funded)	
# of meals/day; 5 days/week	
For Seniors	220 (5th highest)
For Young Disabled Adults (18-59)	7 (4th highest)
Home-delivered Meals (City funded)	
# of meals/day, 6 days/week	
For Seniors	394 (3rd highest)
For Young Disabled Adults (18-59)	23 (2nd highest)
Food Pantries	
Weekly food pantries	17
Residents served	8,537 (11.42% of residents), 6th highest
Free Dining Rooms	2
Average number of free meals/day	24

\*Note that children may not reside in the same District where they attend school.

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**DISTRICT 5****PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

Shelter Meals funded by HSA (approximately 2 meals/day; 7 days/week)	0
Retail	
Supermarkets (total number)	9
- Number that accept CalFresh EBT	7 (78%)
- Number that accept WIC	2 (22%)
Grocery Stores (total number)	16
- Number that accept CalFresh EBT	10 (63%)
- Number that accept WIC	0

**Key Challenges and Recommendations****FOOD RESOURCES****Challenges key to this District**

The median household income in District 5 is \$67,331 compared to the City's median household income of \$71,416. About 21,300 of residents have incomes below 200% of the poverty level, making 28.5% of households in the District at risk of food insecurity.

District 5 has the fourth highest percentage of residents (13%) - about 9,700 people living below 100% of the poverty level. While it is not possible to ascertain precisely how many District 5 residents are eligible for the CalFresh program, at least 8,329 appear qualified based on income and age, not accounting for other disqualifiers.<sup>vi</sup> However, there are only 3,014 people receiving CalFresh benefits in the District, one-third of whom are children.

There are 695 WIC recipients living in the District. Only two of the nine supermarkets and none of the grocery stores in the District accept WIC benefits.

<sup>vi</sup> Not accounting for other disqualifiers such as receipt of SSI benefits by people under 65 years of age, minimally 9,700 residents are qualified based on incomes below 100% of the poverty level (this sum does not include those residents whose income is between 100% and 130% of the poverty level, also qualified by income for CalFresh). From this number are subtracted the 1,371 seniors, aged 65 or over (low-income seniors without Social Security to draw from, receive SSI, rendering them ineligible for CalFresh benefits).

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**FOOD RESOURCES****Recommendations key to this District**

- Increase enrollment in CalFresh especially for families with children, families receiving WIC benefits, working adults and households with mixed immigration status.
- Support increase of SSI food supplement (“cashout”) at state level.
- Develop a local food assistance supplement for food insecure San Franciscans beginning with SSI-recipients (like “Healthy SF” for health access).

**FOOD ACCESS****Challenges key to this District**

Nearly 28.6% of District 5 residents live below 200% of poverty and are at risk of food insecurity. Although these residents might benefit from additional nutritious food on a regular basis, the reach of food programs is eclipsed by the need.

Food pantries serve 11.42% of the population (almost 9% of the total number served citywide).

Nearly 50% of the 2,519 K-12 students attending schools in District 5 are qualified for free or reduced meals (1,220). Each day 983 students eat lunch at school, and 190 eat breakfast. Children’s food security suffers when school is out for the summer. In District 5, 629 children eat at summer lunch programs. There are approximately 55 weekdays during summer break. Summer lunches are available in District 5 on average 45 days of the summer break (DCYF); two of the sites serving 177 children were only open 2 days (SFUSD).

The total number of meals available in District 5 for seniors from all City and nonprofit sources is 4,243 daily. However, the 4,479 seniors in the District living below 200% of the poverty level require 14,442 meals per day, leaving 10,199 meals “missing” in the District for this most vulnerable population.<sup>9</sup> In planning for additional meals or groceries, attention should be paid to the fact that this District has the second highest number of seniors who live alone (56%).<sup>9</sup>

There are 284 homeless people residing in the District. Two churches serve a free lunch/brunch one day a week that averages about 24 free meals per day.

Adults (18-59) with disabilities in the District are served through an average of 30 meals per day, either on-site lunches (7 per day, 5 days per week) or home-delivered meals (23 per day, 6 days per week).

There are four national chain restaurants in the Western Addition that accept CalFresh benefits; however, no local, independent restaurants accept CalFresh, adding to the inaccessibility of healthy prepared meals to people who are homeless or otherwise unable to cook. There are 210 residents in the Western Addition qualified for the Restaurant Meal Program.<sup>31</sup>

## DISTRICT 5

**FOOD ACCESS**

There are eight community gardens in District 5.<sup>42</sup>

**Recommendations key to this District**

- Increase outreach to ensure 90% of supermarkets, grocery stores and other affordable food outlets accept EBT cards, and 90% of supermarkets accept WIC benefits.
- Increase number and variety of CalFresh Restaurant Meal Program vendors, including local restaurants that bring cultural, nutritional and geographical choices to beneficiaries.
- Develop ways to meet high demand for community based food programs that are the most respectful and least disruptive for the clients and neighborhoods in which they live.
- Increase funding for successful programs (home delivered meals, home delivered groceries, shelter meals, free dining rooms).
- Fund a mandate that all seniors and adults with disabilities on the citywide waitlist for home-delivered meals are served within 30 days.
- Explore options to continue to increase participation in school breakfast and lunch programs.
- Develop a plan to expand summer lunch and afterschool meal programs.

**FOOD CONSUMPTION****Challenges key to this District**

- 1,068 housing units in District 5 lack complete kitchens, severely compromising individuals' and families' abilities to prepare nutritious food.

**Recommendations key to this District**

- Significantly increase the number of complete kitchens in housing units.
- Increase culturally appropriate nutrition and cooking education.
- Create and maintain a centralized city resource website for healthy food access and preparation in San Francisco. Include special recommendations for those without complete kitchens and locations of grocery stores, healthy corner stores, and information on EBT and WIC acceptance.
- Support educational efforts around healthy food choices, healthy food preparation, nutrition, and how to find/access affordable healthy food outlets.
- Improve food recovery for use in food programs, and to reduce food waste.

## DISTRICT 5

**Needs of Vulnerable Subpopulations in this District**

- **Seniors and Adults with Disabilities:** Seniors, 60 years or older, comprise 18% of the District's population. One-half (48.6%) of all seniors live below 200% of the poverty level; almost 15% of seniors aged 65 or over are below 100% of poverty. District 5 has the third highest number of seniors at risk of hunger, behind Districts 6 and 3. 56% of seniors in this District live alone.
- **People Who are Homeless:** A full 82% of the District's homeless population is unsheltered (284 people), meaning that they have no access to shelter meals, or cooking facilities. District 5 has two free dining rooms serving on average 24 meals a day.
- **Children and Families:** There are almost 4,000 children aged 5-17 living in District 5, many of whom may benefit from the expansion of meal programs including after school meals and summer lunch.