SF·Marin Food Bank

Home-Delivered Groceries

Together we can end hunger.

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Home-Delivered Groceries

• 1-2 bags of groceries delivered weekly to seniors and adults with disabilities who have difficulty going out to get food due to some impairment
• Now serving over 1,800 participants
• Sponsored by DAAS
Goals

- Provide supplemental nutrition
- Reduce isolation
- Make appropriate referrals
The Need

- Estimated 23,000 currently eligible seniors and adults with disabilities
- Currently 20% of SF population 60+
- By 2030, 26% of SF population 60+
- Silver Tsunami is coming
Eligibility

Criteria

- Senior (60+) or adult with disability
- Resident of SF
- Low-income (at or below 185% FPL)
- Has difficulty going out to get food due to physical or cognitive impairment
- Receives less than 2 Home-Delivered Meals/day
- Has access to refrigerator and cooking equipment
- Can prepare food at home or has a caregiver who can prepare food at home
Eligibility

Application

- Application may be filled out by social services professionals
- HDG or pantry service limited to one service per household
Referrals

From IHSS

- 3,939 unique referrals (from May 2016 – August 2017)
- Prioritized outreach based on zero – 6 food security score
  - 2,241 (57%) scored 0-2 (higher food security)
  - 1,698 (43%) scored 3-6 (lower food security)
  - 22% ineligible
  - 8% not interested
  - 29% no response to calls or letter
  - 39% enrolled
  - 2% waitlisted for delivery service
Referrals

From Other Sources

- January 2017 – September 2017
- 490 referrals and applications received
  - 35% from participants directly
  - 17% from social services professionals (SW, RSCs, nurses, etc.)
  - 15% from Food Bank colleagues (pantries, CalFresh outreach team, SFP)
  - 9% from IOA (YAD assessment)
  - 8% from DAAS intake line
  - 8% from IHSS consumers directly
  - 5% from HDG partners (MOW, CLC, etc.)
Deliveries via Proxy

Proxy Pantry Pickup

• When participant has someone who can pick up on their behalf, we authorize that person as a proxy for pantry pick up
• Anyone can be a proxy: friend, family, neighbor
• Partnership with IHSS to pick up groceries for IHSS consumer
• Proxy can pick up at one of the 70 pantries in the SF Pantry Network
• When participant has no proxy, we assign them to a delivery partner
Deliveries by Partner Organization

Delivery Partner

• Currently 10 partner agencies
• 13 distribution sites
• Faith & community-based organizations whose volunteers make the deliveries
• Volunteers pass a background check and receive training on spotting abuse, neglect
• There is currently a waitlist
What’s in the Bag

• 1-2 bags of groceries weekly
• Always includes:
  ➢ A protein (chicken, fish, peanut butter, eggs, or beans)
  ➢ A grain (rice, tortillas or pasta)
  ➢ Fresh, seasonal produce
• UHT Milk distributed monthly
• Other products as we get them
Where We Are Today

- Approximately 1,800 active HDG participants
- Approx. 995 are proxy types
  - 669 IHSS proxy types
  - 326 non-IHSS proxy types
- 866 weekly deliveries by delivery partners
Where We Are Today – Proxy Types
Where We Are Today – Delivery Types
Challenges

- Partner Delivery Capacity
  - Big ask for new partners
  - Partner volunteer recruitment/retention
  - Poor coverage in some areas
- Administratively complex application process
Future

What’s In Store

- Strengthen existing partnerships
- Add new delivery partners
- Encourage our pantry network to add HDG component to their pantry
- Explore other avenues for getting groceries to the participant’s door