San Francisco’s IHSS Supplemental Groceries Program

Presentation for San Francisco Food Security Task Force

September 6, 2017
Basic Facts about SF IHSS

- 22,800+ IHSS consumers
- Ethnicity
  - 43.7% Chinese
  - 21.7% Caucasian
  - 13% African American
  - 8.7% Latino
  - 12.9% Other
- 75% age 65+
- 24% ages 18 to 64
- 40% live alone
More Basic Facts about SF IHSS

- ~469 New IHSS Applications/Month
- ~330 Caseload/Social Worker
- 20,800+ Independent Providers (IPs)
  - 18% IPs serve more than 1 Consumer
  - 62% IPs work for at least 1 family member
  - $14/hour current IP wage
IHSS & Food Security Linkage

• 97% of IHSS Consumers
  – Shopping for Food
  – Meal Preparation
  – Meal Cleanup
• IHSS Restaurant Meal Allowance = $62/mo
• SSI Restaurant Meal Allowance = $84/mo
• Consumers residing with an “able and available spouse” are *ineligible* for these services
How does IHSS link to Food Security?

- IHSS Eligibility Staff from 2 Gough Hub assess non-SSI Consumers for CalFresh
- IHSS Social Workers assess consumers for food needs during intake and annual reassessments
Does IHSS know if Consumers access Nutrition Programs?

• Historically, IHSS Social Workers asked Consumers at home visits
  • Consumers linked to food services were allocated alternative resource time, less total time authorized
  • Resources and referrals were provided to Consumers needing nutrition programs
How to determine if IHSS Consumers have food security

• How can we get supplemental food to IHSS Consumers without reducing IHSS hours?

• IHSS/Food Bank **Provider Proxy Program** assessed by IHSS Social Workers
  • Surveyed Consumers during initial and annual IHSS home visits for food security
  • Referred interested Consumers to Food Bank (FB)
  • Set-up IP as FB proxy
  • Authorized up to 2 additional hours/week
IHSS/FB Provider Proxy Program

- Program started in March 2015
  - *March 2015 Goal*: refer 20 new clients per month
  - *By April 2016*, ~150 new clients referred each month

- IHSS/FB Provider Proxy Program tracked
  
  *from March 2015 to July 2017*

- Referrals: 4,250
- Active Cases: 759
- Denied Cases: 454
- Terminated Cases: 175
- Pending Cases: 2,862
FOOD SURVEY FORM

CMIPS II #:          Name: __________________________           Date: ____________

I am going to read you several statements that people have made about their food situation. For these statements please tell me whether the statement was often true, sometimes true, or never true for you in the last 12 months.

1. “The food that (I/We) bought just didn’t last, and (I/We) didn’t have money to get more.” Was that often, sometimes, or never true for (you/your household) in the last 12 months?
   - [ ] Often true
   - [ ] Sometimes true
   - [ ] Never true
   - [ ] DK (Don't know) or Refused.

2. “I couldn't afford to eat balanced meals.” Was that often, sometimes, or never true for (you/your household) in the last 12 months?
   - [ ] Often true
   - [ ] Sometimes true
   - [ ] Never true
   - [ ] DK (Don't know) or Refused.

3. In the last 12 months, since last (name of current month), did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?
   - [ ] Yes
   - [ ] No (Skip Question 4)
   - [ ] DK (Skip Question 4)

4. IF YES ABOVE, ASK: How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?
   - [ ] Almost every month
   - [ ] Some months but not every month
   - [ ] Only 1 or 2
   - [ ] DK

5. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?
   - [ ] Yes
   - [ ] No
   - [ ] DK

6. In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?
   - [ ] Yes
   - [ ] No
   - [ ] DK

7. Do you want Food Bank to contact you regarding supplemental food assistance program?
   - [ ] Yes
   - [ ] No
You May be Eligible if

☑ You are 60 years old or older or an adult with a disability
☑ You are low income
☑ You live in San Francisco
☑ You have difficulty going out to get food
☑ You or a caregiver can prepare your food at home
☑ You have access to a refrigerator/freezer and cooking equipment
☑ You receive less than two home delivered meals per day

For Information
Talk to your social worker
or
Call the SF-Marin Food Bank
415-282-1907 ext. 287

Home Delivered Groceries

A partnership between the City & County of San Francisco and these and other San Francisco-based community organizations:

- The SF-Marin Food Bank
- The Community Living Campaign
- The Episcopal Church of St. Mary the Virgin
- The Institute on Aging
- Jewish Family & Children’s Services
- Meals on Wheels
- The Richmond Food Security Network
- Self-Help for the Elderly

Home Delivered Groceries
Get 2 Bags of Groceries 
Delivered Right to You!

Every Week!

Stretch your food budget by supplementing your purchases with free groceries delivered right to your home.

With each weekly delivery, you’ll get a set menu which includes:

- A protein like chicken, fish, peanut butter, or eggs
- A grain like rice, tortillas, or spaghetti
- Fresh, seasonal produce!

Friendly volunteers from local organizations like churches, community groups, and social service agencies will bring your groceries to you at about the same time each week.

Talk to your social worker today!

If you have an IHSS provider, she or he might be able to get extra money by picking up your groceries at a local pantry and bringing them to you.
IHSS/FB Provider Proxy Program
Statistical Highlights

• 45%  Active Cases Live Alone
• 68%  Active Cases on SSI
• 62%  Over 65 years old
• 44%  Listed \textit{English} as primary language
• 63%  Female
• Ethnicity
  ▪ 31.6%  Chinese
  ▪ 23.6%  African American
  ▪ 18.6%  Hispanic
  ▪ 13.5%  Caucasian
  ▪ 12.7%  Others
2017 n4a Aging Achievement Award

presented to

IHSS Supplemental Groceries Program
of
San Francisco Department of Aging and Adult Services

as a successful program that improves
the lives of older adults and caregivers

Kathryn C. Boles, President
Sandy Markwood, CEO

National Association of Area Agencies on Aging (n4a)