



Shape Up SF Coalition

The SUSF Coalition is staffed by:

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MEDIA ADVISORY

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WHAT: Press event to review and highlight results of UCSF research study revealing most elementary students in San Francisco are not receiving adequate physical education (PE)

WHEN: **Thursday, February 23, 2012**
1:00 p.m. – Classroom demonstration with kids
1:15-1:45 p.m. – Press conference speakers

WHERE: **Chinese Immersion School at DeAvila**
Enter 1351 Haight St. X Central & Masonic
San Francisco
(Look for gate with school name and go up the stairs.
Someone will greet you.)

SPEAKERS: **Tomás Aragón, MD**, *Health Officer*, San Francisco DPH
Bill Sanderson, *Executive Director*, Academics and
Professional Development, SFUSD
Hannah Thompson, *Study Director* and *Child Health*
Researcher, UCSF
Stella Lau, *Classroom teacher*, Chinese Immersion School

FOCUS: Study (to be released on February 23) by UCSF researchers, reveals that while middle and high school public school students are meeting state mandates for PE, most elementary students are not receiving adequate PE time. The SFUSD and Shape Up SF PE Advocates, are working together to increase PE time in the City's elementary schools.

VIDEO: An elementary classroom teacher will lead her class through a PE lesson. Good video and photo opportunity.



*Creating environments that
make it fun and easy to eat
well and move more for
people who live, work and
play in San Francisco.*