FOR IMMEDIATE RELEASE
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San Francisco confirms one new case of Zika virus, bringing total to eight
Patients contracted the virus during travel outside the United States
No risk to public health, Zika not circulating in San Francisco

San Francisco — The Department of Public Health reports that a total of eight San Francisco residents have tested positive for the Zika virus as of July 29, with one new case diagnosed in the last week. All the patients contracted the virus while traveling in countries where Zika virus is circulating. There is no risk to the public, and Zika is not circulating in San Francisco, the Bay Area or California.

The California Department of Public Health (CDPH) informed the San Francisco Health Department of the positive test results. CDPH continues to update and publish weekly a tally of the number of Zika cases by county, and provides pregnancy information in the aggregate.

https://www.cdph.ca.gov/HealthInfo/discond/Documents/TravelAssociatedCasesofZikaVirusinCA.pdf

San Francisco reported its first case on March 3, second on April 22, three additional cases on July 15, two on July 22 and one today. The San Francisco Health Department will provide no further details on local Zika cases, in order to protect patient privacy.

Zika is a virus that is spread through mosquito bites. It generally causes mild symptoms of fever, joint pain, rash and red eyes. Currently Zika is circulating in a number of countries, mostly Latin America, the Caribbean and some of the Pacific Islands. Zika is known to cause birth defects, including microcephaly (a baby being born with a small head), if a mother is infected during her pregnancy. Research to understand the risk of birth defects after maternal Zika infection is ongoing. Sexual transmission of Zika virus has been observed. There is no Zika vaccine at this time, but global research is underway.

Pregnant women are advised to refrain from unnecessary travel to areas where Zika is circulating. Women who are pregnant and have sexual partner(s) that have traveled to areas with Zika are advised to abstain from sex or use condoms consistently for the duration of the pregnancy in order to prevent sexual transmission of Zika. People traveling to an area where Zika is circulating should protect themselves against mosquito bites.

The mosquito that spreads Zika, called Aedes, is the same mosquito that spreads other viruses such as dengue fever. No Aedes mosquitoes have been found in San Francisco. There have been no cases of mosquito-borne transmission of Zika virus in the United States.

The San Francisco Health Department has resources in English and Spanish to provide pertinent information to pregnant women and travelers. These materials are available at: http://www.sfcdcp.com/zika

For more information, visit http://www.cdph.ca.gov/HealthInfo/discond/Pages/Zika.aspx or http://www.cdc.gov/zika/.

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