Excelsior:
- Crocker Amazon Park: new playground (Geneva & Moscow), soccer & baseball fields, tennis & basketball courts, and skateboard park
- McLaren Park: fantastic hiking trails, great views, tennis

Presidio Heights, Laurel Heights, & Richmond:
- Golden Gate Bridge: scenic walk
- Presidio National Park: beautiful hikes by the Bay, & historical sites

Golden Gate Park:
- great place to walk, bike, skate, run, play, see the birds, bison, turtles, fish, & more
- Sundays JFK drive closed for family activities

Lakeshore, Stonestown, & Merced:
- SF Zoo: see & learn about all kinds of animals
- Ocean Beach: take a walk, see big ships, build sandcastles, and play games
- Lake Merced: walk, fish, or boat
- Stern Grove: walk, picnic, dance at free Sunday summer

Glen Park, Diamond Heights, & Twin Peaks:
- Glen Canyon Park: fantastic canyon for hiking

Marina & North Beach:
- Fisherman’s Wharf & Pier 39: sea lions, outside performers
- Pier 7 ½: long pier for full view of the beautiful Bay & Bay Bridge
- Marina Green: walk & fly kites

Mission:
- Mission Dolores Park: walk & play on the grass, tennis courts

Noe Valley, Castro, Corona Heights, & Duboce Triangle:
- Randall Junior Museum: live animals, science & nature

Oceanview:
- Ocean View Park: baseball fields, tennis courts, playground, and resource center

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San Francisco Department of Public Health, Maternal and Child Health Section 1-800-300-9950
http://www.dph.sf.ca.us/php/chdpnewsltrs/chdpnewsltrmnu.htm