



San Francisco Monthly STD Report

Data for March, 2019
Report prepared May 10, 2019

Table 1. STDs among residents, March, 2019. Female syphilis cases include patients assigned as female at birth.

	2019		2018	
	month	YTD	month	YTD
Gonorrhea	430	1,340	486	1,473
Male rectal gonorrhea	115	363	142	422
Chlamydia	778	2,374	741	2,327
Male rectal chlamydia	205	562	219	633
Syphilis (adult total)	155	475	155	454
Primary & secondary	50	142	41	139
Early latent	78	250	90	251
Unknown latent	8	18	4	8
Late latent	19	65	20	56
Neurosyphilis	3	11	3	7
Congenital syphilis	0	1	0	0
Female syphilis	8	35	10	30

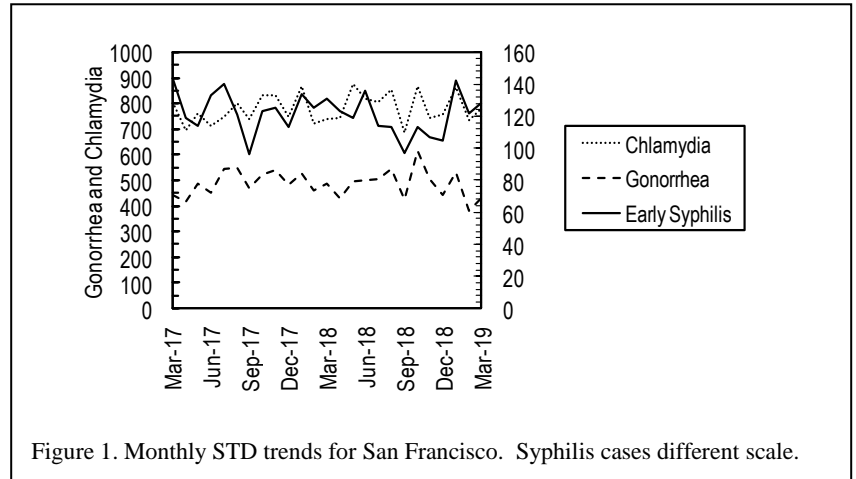


Figure 1. Monthly STD trends for San Francisco. Syphilis cases different scale.

Table 2. Selected STD cases and rates for San Francisco by age and race/ethnicity, 2019 through March only. Rates equal cases per 100,000 residents per year based on 2010 US Census Data.

	(All races)		Asian/PI		African American		Hispanic		White	
	cases	rate	cases	rate	cases	rate	cases	rate	cases	rate
<i>All ages</i>										
Chlamydia	2,374	1,179.3	295	444.1	212	1,812.7	465	1,527.4	788	934.1
Gonorrhea	1,340	665.6	149	224.3	142	1,214.2	277	909.9	533	631.8
Early syphilis	392	194.7	41	61.7	52	444.6	83	272.6	177	209.8
<i>Under 20 yrs</i>										
Chlamydia	190	1,367.1	18	325.1	47	3,997.5	54	1,707.2	23	750.3
Gonorrhea	25	179.9	0	0.0	8	680.4	7	221.3	4	130.5
Early syphilis	2	14.4	1	18.1	1	85.1	0	0.0	0	0.0

Table 3. HIV testing among City Clinic patients, March, 2019.

	2019		2018	
	month	YTD	month	YTD
Tests	502	1,344	580	1,608
Antibody positive	5	9	3	12
Acute HIV infection	1	2	0	4

Note: All statistics are provisional until the annual report is released for the year. Morbidity is based on date of diagnosis. Totals for past months may change due to delays in reporting from labs and providers.

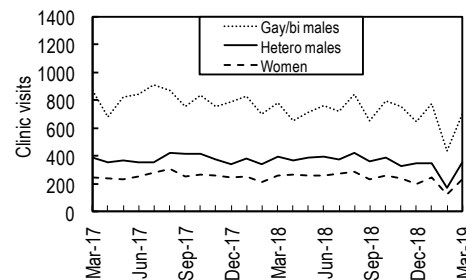


Figure 2. City Clinic visits by gender and orientation.

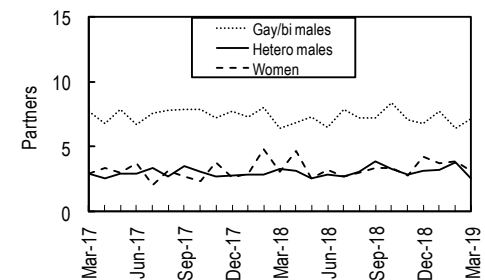


Figure 3. Average number of recent* sex partners for City Clinic visits by gender and sexual orientation. *Recall period is 3 months.

April is STD Awareness Month – Take Charge of Your Sexual Health

SFDPH is urging everyone who is sexually active, especially young people, women, transgender people and men who have sex with men to take charge of their sexual health.

STD testing is increasingly crucial because STD rates continue to rise, both in SF and statewide since 2013. Rates of chlamydia and gonorrhea continue to grow, and syphilis has re-emerged as a significant public health concern. In CA, 283 infants were born with syphilis in 2017. In SF, between 2017 and 2018, the number of women with early syphilis increased 144% to 71. Chlamydia is the most common reportable disease; left untreated, it can cause infertility. In SF, between 2013 and 2017, reports of chlamydia cases rose 79% from 5,085 to 9,094, many in young women.

However, we do have some good news. Fewer people were diagnosed with HIV in SF in 2017 than at any previous time since the disease was identified. That progress is thanks to people who are HIV-positive using treatment that prevents the spread, and people who are HIV-negative using PrEP (pre-exposure prophylaxis) to resist infection.

Many STDs are preventable and treatable. SFDPH recommends:

- For those that can use them, condoms used correctly and consistently are a great way to prevent STDs, HIV, and pregnancy
- Regular testing:
 - Sexually active women under 26 years old should be screened for gonorrhea and chlamydia annually. Gay men and other men who have sex with men, trans women and trans men who have sex with men should be screened for gonorrhea, chlamydia and syphilis every three months.
 - Testing reminders are available here: <https://www.bedsider.org/reminders>
- Vaccinations to prevent Hepatitis A, Hepatitis B and Human Papillomavirus (HPV), all of which can be transmitted through sex
- Open and honest conversations about sexual health with partners: <https://www.thestdproject.com/how-to-tell-someone-you-have-an-std/>
- Informing sex partners if they were exposed to an STD: <https://www.tellyourpartner.org/>

For more information about STDs in California, visit <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/STD.aspx>.

Provider STD Reporting: 415-487-5555, 415-431-4628 (fax)

www.sfcityclinic.org