ALL San Franciscans are required to wear a face covering when outside their residence and within six feet of other people who are not members of their household.

Exposure to COVID-19 can occur during sexual activities through direct contact and potential exchange of saliva, semen, mucus and feces; COVID-19 has not been identified in vaginal fluids.

Updated SFDPH sexual health guidance provides what is known about COVID-19 risk in relation to sexual activity and offers suggestions to have safer sex and reduce the risk of COVID-19.

REMINDER: Effective Dec 17, 2020, the Bay Area Region, including San Francisco, is under the Regional Stay-at-Home order.

Updated Tip Sheet for Safer Sex During the COVID-19 Pandemic

San Francisco is experiencing epidemic rates of sexually transmitted infections, including gonorrhea, chlamydia and syphilis. Between 2014 and 2019, the number of gonorrhea infections in San Francisco increased by 70%. Untreated gonorrhea can cause significant morbidity.

On December 18, 2020, the CDC released updated recommendations for the treatment of gonorrhea. The Dec 30th SFDPH Health Advisory can be found on the SFCC website.

Providers can call the SF City Clinical for clinical consultation at 415-487-5595.

NEW Guidelines for Treatment of Gonococcal Infection

San Francisco is experiencing epidemic rates of sexually transmitted infections, including gonorrhea, chlamydia and syphilis. Between 2014 and 2019, the number of gonorrhea infections in San Francisco increased by 70%. Untreated gonorrhea can cause significant morbidity.

On December 18, 2020, the CDC released updated recommendations for the treatment of gonorrhea. The Dec 30th SFDPH Health Advisory can be found on the SFCC website.

A single 500 mg IM dose of ceftriaxone is now the recommended treatment for gonorrhea infection in the United States. Dual therapy for gonorrhea infection with ceftriaxone and azithromycin is no longer recommended.

Patients with gonorrhea in whom chlamydial infection has not been ruled out should receive doxycycline as empiric co-treatment for chlamydia, unless tetracyclines are contraindicated.

For SF City Clinical visits by gender and sexual orientation, see Table 3.

Table 2. Selected STD cases and rates for San Francisco by age and race/ethnicity, 2020 through November only. Rates equal cases per 100,000 residents per year based on 2010 US Census Data.

Table 3. HIV testing among City Clinic patients, November, 2020.