PREVENTIVE SERVICES FOR WOMEN AND THE AFFORDABLE CARE ACT (ACA)

Most women have had recent checkups, but the opportunity to receive preventive counseling is often missed.

- **82%** Had a general checkup in past 2 years
- **44%** smoking
- **70%** diet, exercise, and nutrition
- **31%** alcohol or drug use
- **41%** mental health issues such as anxiety or depression

Counseling on some sexual health issues among reproductive-age women is very low.

- Discussed with a health care provider in the past 3 years:
  - Contraception or birth control: **61%**
  - Sexual history/relationships: **50%**
  - HIV: **34%**
  - Other sexually transmitted infections: **30%**
  - Domestic or dating violence: **23%**

The majority of women reporting sexually transmitted infection (STI) tests believe incorrectly that the tests are routine.

- **56%** did not receive STI test
- **43%** of women ages 18-44 years report receiving an STI test in the past 2 years, but more than half incorrectly thought the test was a routine part of the examination

Uninsured women have much lower screening rates than insured women.

- Percentage of women reporting they have received screening tests in the past 2 years:
  - Blood cholesterol: **73%** insured, **42%** uninsured
  - Mammogram: **79%** insured, **43%** uninsured
  - Pap test: **74%** insured, **54%** uninsured

Costs can be a barrier for both uninsured and insured women.

- **52%** put off or postponed preventive services because of cost
- **50%** skipped recommended medical test or treatment because of cost

The ACA requires plans to cover many preventive services without cost sharing.

- Cancer screening
- Chronic condition screenings
- Healthy behaviors counseling
- Vaccinations
- Reproductive and sexual health services
- Pregnancy-related services

Four in 10 women are unaware of new preventive services coverage.

Clinicians are the most trusted source for information on the ACA.

- Your doctor or nurse: **43%**
- Your local pharmacist: **32%**
- Friends and family: **16%**
- The news media: **9%**

Share of women reporting that they trust each source “a lot” for information on the ACA.


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