

# Drug Sobering Center Proposal: “Project 180”

Health Commission

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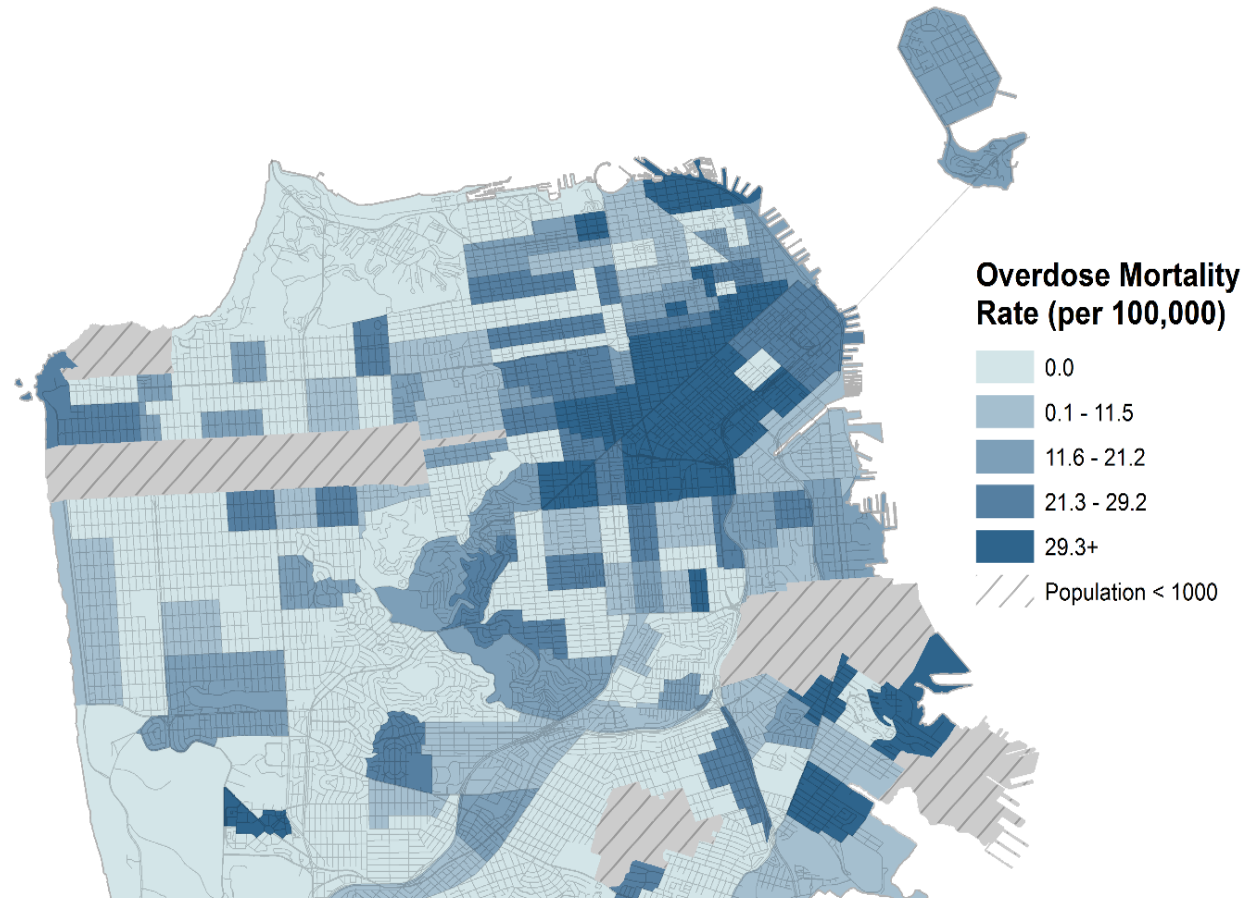


San Francisco  
Health Network

*In October 2019, Mayor London Breed announced the City would implement the top recommendation of the San Francisco Methamphetamine Task Force:*

1. Create a trauma-informed sobering site with integrated harm reduction services for individuals who are under the influence of methamphetamine.

# Challenges



## Annualized Rate of Opioids, Cocaine, or Methamphetamine Overdose Deaths by Census Tract in CCSF, 2016 and 2017

Substance-related overdose deaths were identified using textual cause of death fields. Homicides and suicides were excluded, as were the 16% of deaths that occurred in a hospital. Rate is annualized and calculated as dividing the two-year rates by two. Census tracts with populations under 1,000 were excluded. Sources: Overdose mortality obtained from the California Electronic Death Registration System (CA-EDRS) via the Vital Records Business Intelligence System (VRBIS). Census tract population denominators taken from U.S. Census Bureau, 2013-2017 American Community Survey 5-year Population Estimates.

## For clients and for the neighborhood

- Methamphetamine-related hospitalizations have increased sharply since 2013
- Methamphetamine-related overdose deaths in 2018: 126  
*Among people experiencing **homelessness**, methamphetamine was most common substance (47%)*
- Methamphetamine-related arrests in 2018: 55% occurred in the Tenderloin and SoMa

# What is a Drug Sobering Center?

- Safe, welcoming space: an alternative to experiencing intoxication on the streets, in jail, or in an emergency department
- Compassionate, trained staff on site 24/7
- Thoughtfully designed for clients' needs at different stages of methamphetamine intoxication – a quiet rest area, space to walk
- Individualized monitoring of intoxicated clients for health and safety
- Provides respite, a place to shower, snacks, storage for clients' belongings
- On-site security for safety monitoring of clients and surroundings

# Site Selection: To Serve the Tenderloin

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- City-owned, outdoor parking lot at the corner of Jones and Turk streets
- 1,200-square-foot tent on a 4,700-square-foot lot
- Slated for affordable housing development in Fall of 2021
- Located in an area where overdose mortality is high and where there is great need to reduce the harms of methamphetamine use
- Using a tent allows clients to move freely and City agencies to move quickly to meet the need
- Pilot program with plans to replicate the model in the future, in the Tenderloin as well as other neighborhoods

# How Will Clients Come and Go?

- Clients come from the Tenderloin, via referral partners serving the neighborhood:
  - Tenderloin-based street outreach teams and service providers
  - Neighborhood emergency responders, including Tenderloin Station police officers
- “Warm handoffs”: trained staff respond to calls from within the Tenderloin to bring clients to the center and manage their departures
- Expected average length of stay: 6-12 hours, longer as needed
- Voluntary program, where clients can stay overnight
- Offering connections to services that could include medical care, substance use treatment, and assessment of housing needs



## San Francisco Department of Public Health Treatment Bed Availability

[Find Substance Use Residential Treatment](#)

### Need to Talk to Someone Now?

Call a 24-hour support line:  
Suicide Prevention (415) 781-0500  
or Warm Line Support 1-855-845-7415 (7am-11pm daily)  
for non-emergency peer counseling.

**Coming Soon!**  
**Mental Health Residential Treatment**

### Substance Use Disorder Treatment

Capacity 491 Beds

Available Now: 69M 50W Beds

🗿 If you are transgender, gender fluid or gender nonbinary our services will accommodate you.

#### Need detox now? - Withdrawal Management

Capacity 55 Beds

Available Now: 16M 9W Beds

Withdrawal management programs provide a medically supportive, residential setting for safe detoxification off alcohol and other substances. Clients may walk in or be referred from other programs in the community. This service usually lasts between four and seven days.

#### 90-day stays - Residential Treatment Programs

Capacity 239 Beds

Available Now: 47M 32W Beds

Residential treatment programs help people limit or abstain from the use of alcohol and other drugs. Participants build life skills and social skills, develop positive coping strategies and employment skills, stick with their medications, and stabilize their lives to make wellness and recovery possible.

#### Ready for the next step? - Residential Step-Down Programs

Capacity 197 Beds

Available Now: 6M 9W Beds

Residential step-down programs offer a safe, temporary living environment for people experiencing homelessness who have just completed residential treatment. Programs either require or strongly encourage residents to participate in outpatient treatment.

Check out the City's Transgender Resource site for more resources specifically tailored for the transgender community.

When you are ready for treatment, SFDPH and its partners are here to help. Calling a residential treatment program's phone number is the most direct way to learn more about it and to begin the intake process. Even when a program shows no open beds, you can make an appointment with the intake department.

All programs listed here are designed for San Francisco residents with Medi-Cal, or who need help accessing Medi-Cal ([view our policy](#)). They are not designed for people with other types of insurance, though some providers have additional beds not contracted by SFDPH. Many treatment programs are tailored to meet the needs of our diverse client population, specializing in various languages, cultures and identities. While programs may display beds designated for men or women, all programs will accommodate people of all gender identities and expressions ([view our policy](#)).

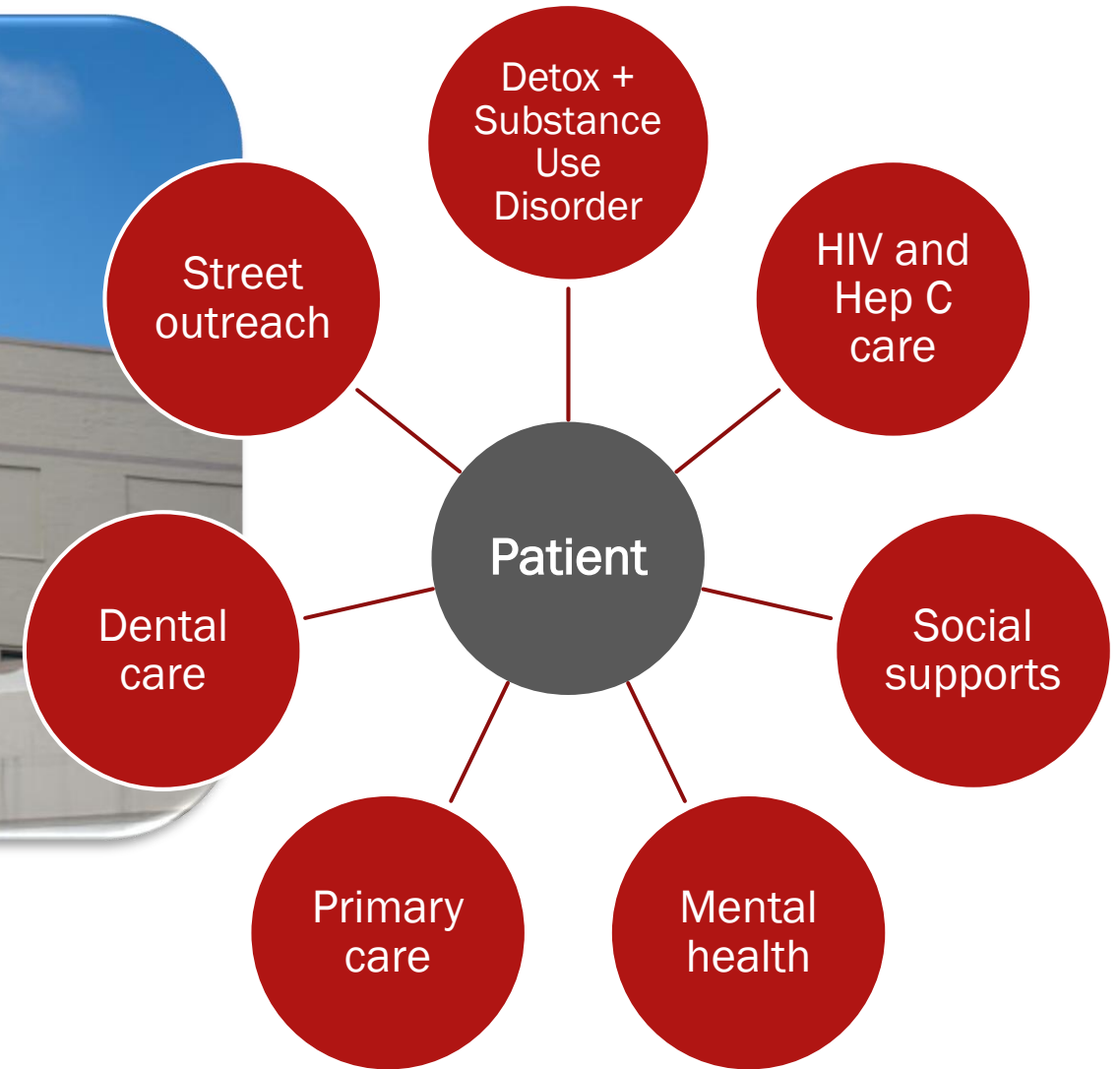
If you are unable to reach a program, our 24-hour Behavioral Health Access Center phone line **(415) 255-3737**, can also help you find treatment. To meet with our staff in person, visit our Access Center located at 1380 Howard Street, weekdays between 8AM and 4:30 PM.



# Our Commitment: Community Engagement

- DPH and HealthRIGHT 360 will be active community partners in the Tenderloin.
- We will continue to engage with community-based organizations, schools and child care centers, residents housed and unhoused, merchants, and places of worship to keep neighbors informed about the pilot program and hear their feedback about it.
- On a day-to-day basis, HealthRIGHT 360's on-site staff are committed to proactive safety monitoring and promptly responding to any neighborhood concerns about operations of the sobering center.

# About HealthRIGHT 360



## Key Facts:

1,300 employees statewide

*270 employees in San Francisco*

Annual budget: \$152MM

# Proposed New Program: Project 180 at 180 Jones Street

Evidence-based harm reduction services for people who want a place to be while they are experiencing the effects of methamphetamine and other drugs

Open 24/7 in San Francisco's Tenderloin District with flexible lengths of stay from a few hours to overnight

Staffed with health workers, safety monitors, and nurses who maintain a compassionate, trauma-informed environment

# Program Offerings



Respect and compassion



Preliminary medical care and triage



Indoor/outdoor calm space with places to rest



Hydration, snacks, and meals



Clothes and hygiene kits



Bathrooms and shower



Linkages to services including substance use disorder treatment, housing assessments, primary care, and dental

# Physical and Emotional Safety

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- Trauma-informed care
  - System of care is responsive to the impacts of trauma on participants, staff, and the community
- Trained staff
- Safety monitors





# Partnerships

Thank you!

Contact:

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# Thank You



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