PRESENTATION OVERVIEW

- Methamphetamine Use in SF
- Task Force Background & Components
- Task Force & Focus Group Findings & Themes
- Recommendations & Updates
- Questions & Comments
METHAMPHETAMINE USE IN SF

Increase in **USE** across populations

Increase in **DEATHS** associated with use

Increase in **Tx ADMISSIONS** for methamphetamine use disorder

Increase in **RACIAL DISPARITIES** in harmful outcomes

Prevalent in **PES VISITS** and people under **PSYCHIATRIC HOLDS**

Most common illicit substance involved in **DRUG ARRESTS** and **SELF-REPORTED USE** by Jail Health Services
METHAMPHETAMINE USE IN SF: MORTALITY RATE PER 100K

BY GENDER

- Female: 2.6 (2014-2015) vs. 0.8 (2006-2007)

BY AGE

- 0-44: 3.9 (2014-2015) vs. 2.3 (2006-2007)

BY RACE/ETHNICITY

Task Force meetings chaired by Supervisor Mandelman & Director Colfax

Process coordinated by DPH

Final Report & Recommendations released

APR to SEP

4 Task Force Meetings
22 Members
5 Focus Groups
Key Stakeholder Interviews
3 Research Briefs
Public Comment
17 Recommendations

OCT
4 Thematic Categories
Drivers of Use

- Methamphetamine use can be a coping strategy for trauma and safety, among other reasons
- Lack of stable housing is a key driver of problematic use and relapse

Impacts of Use

- Racial disparities for adverse outcomes
- General public is unaware of how to respond to someone under the influence of methamphetamine
SYSTEM OF CARE

- **Difficulty matching existing services** to the complex needs of people who use methamphetamine
- **Provider stigma** can discourage people who use from seeking services
- **Service providers need training and support** on how to constructively engage people under the influence of the drug

TREATMENT OPTIONS

- **No FDA-approved medications** to treat methamphetamine use disorder, but some promise in combining behavioral therapies and some types of medications
Invest in Care Models to **Reduce Harm & Promote Recovery & Wellness**

**Improve Access** to Treatment & Housing

**Build Capacity & Training** for Staff & Service Providers

**Strengthen Coordination** Among City Services & Systems
PRIORITY RECOMMENDATIONS

- Create a trauma-informed sobering site with integrated harm reduction services for individuals who are under the influence of methamphetamine.

- Strengthen the city’s interdisciplinary behavioral health crisis response.

- Prioritize and protect housing for people seeking treatment.
### RECOMMENDATION

| 1. | Create a trauma-informed sobering site with integrated harm reduction services for individuals who are under the influence of methamphetamine. |
| 2. | Strengthen the city’s interdisciplinary behavioral health crisis response. |
| 3. | Increase the availability of safe indoor spaces that provide low-threshold, harm reduction, and basic services. |
| 4. | Expand low-threshold case management and wrap-around. |

### EXAMPLE EFFORTS & HIGHLIGHTS

<p>| 1. | Drug Sobering Center to open Spring 2020  |
| 2. | Mental Health SF  |
| 3. | Mental Health SF  |
| 4. | Integration of Shelter Health &amp; Street Medicine at Navigation Centers and shelters  |
| 5. | Expansion of Hummingbird  |
| 6. | Mental Health SF  |</p>
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<tr>
<th>RECOMMENDATION</th>
<th>EXAMPLE EFFORTS &amp; HIGHLIGHTS</th>
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<td>5. Expand availability and duration of treatment models across the continuum of harm reduction services.</td>
<td>▪ Findtreatmentsf.org&lt;br&gt;▪ Expansion of BH bed capacity</td>
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<td>6. Expand the use of proven intervention and treatment approaches for stimulant use disorder, including contingency management and medication support.</td>
<td>▪ 6th St Harm Reduction Center has expanded contingency management to all populations</td>
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<td>14. Advocate for state and federal policies that expand access to low-threshold and long-term treatment options.</td>
<td>▪ DPH submitted a support letter for Medi-Cal Healthier California for All related proposals</td>
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<td>15. Ensure provider training is trauma-informed, and rooted in harm reduction principles.</td>
<td>▪ DPH &amp; HSH collaborating on developing an online-training platform on harm reduction; curriculum developed by Harm Reduction Coalition</td>
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QUESTIONS & COMMENTS

THANK YOU