Maternal, Child and Adolescent Health
Maternal Child and Adolescent Health
- serves **vulnerable children and families**
- promotes and protects the health of San Francisco’s population of **mothers, infants, children, adolescents and young adults**

MCAH Update
- **Seeking** *True North*
- Program highlights and collaborative efforts
  - Nurse Home Visiting, Black Infant Health and collaboration with Preterm Birth Initiative
  - Child Care Health Program and collaboration with Children’s Oral Health Plan
MCAH Client Population and SFHN

- **MCAH Client Population**
  - ~25,000 MCAH client count (with some duplicates)
  - ~82% are enrolled in Medi-Cal
  - >60% identify as Latino/Hispanic and/or Asian
  - ~10% identify as Black/African American
  - >50% are non-English speakers

- >50% of Medi-Cal births in SF occurred at ZSFGH

- 72% of women enrolled in Nurse Home Visiting programs are SFHN members

- ~70% of clients seen at Jelani House are SFHN members

- 17% of children served by Child Health and Disability Prevention are SFHN members
<table>
<thead>
<tr>
<th>Safety</th>
<th>Financial Stewardship</th>
<th>Care Experience</th>
<th>Quality</th>
<th>Workforce</th>
<th>Equity</th>
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</thead>
<tbody>
<tr>
<td>Eliminate harm to patients and staff</td>
<td>Provide financially sustainable health care services</td>
<td>Provide the best health care experience</td>
<td>Improve the health of the people we serve</td>
<td>Create an environment that values and respects our people</td>
<td>Eliminate disparities</td>
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**MCAH (All by Jun 2017)**

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<tr>
<th>MCAH (All by Jun 2017)</th>
<th>Increase the % of MCAH staff with completed ergonomic assessments from 9.9% to 40%</th>
<th>Increase the % of staff who complete MediCal Time study within 15 days from 44% to 64%</th>
<th>Increase % of MCAH clients who have completed and returned client satisfaction survey from 15% to 30%</th>
<th>Improve linkages from prenatal care to MCAH for pregnant women</th>
<th>Improve support and respect among staff</th>
<th>Improve equity in oral health for young children</th>
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<td>Reduce preventable employee injuries</td>
<td>Improve timely submission of state mandated reimbursement requirements</td>
<td>Improve client response rate for satisfaction surveys</td>
<td>Improve % of pregnant SFHN members enrolled into MCAH services from 23.7% to 28.7%</td>
<td>Increase the % of staff who “Agree” or “Strongly Agree” that “The people I work with treat each other with respect” from 58% to 63%</td>
<td>Increase the % of children (6mon-6yrs) most at risk for developing caries who receive fluoride varnish application from 71.5% to 76.5%</td>
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Maternal Infant Health Assessment SF County 2012

- Prior low birth weight or preterm delivery: 6.2% (SF County), 11.5% (MediCal), 3.5% (Private Insurance)
- Woman or partner lost job: 15.0% (SF County), 29.5% (MediCal)
- Food insecurity during pregnancy: 8.1% (SF County), 24.2% (MediCal)
- Physical or psychological IPV during pregnancy: 4.3% (SF County), 10.6% (MediCal)
- Prenatal Depressive symptoms: 10.4% (SF County), 25.4% (MediCal), 3.4% (Private Insurance)
- Any Smoking 3 months before pregnancy: 10.8% (SF County), 19.4% (MediCal), 7.1% (Private Insurance)
Figure B: Live births that occurred before 37 weeks gestation, by ethnicity

**GOAL**: Improve linkages from prenatal care to MCAH services for pregnant women

**TARGET**: Increase % of prenatal SFHN members enrolled into MCAH Home Visiting programs from 23.7% to 28.7%
What we do

Follow **first-time mothers** throughout their pregnancy and first two years of life to:
- Ensure **healthy pregnancies**
- Improve **child health** and development
- Help mothers become more **economically self-sufficient**

Who we serve

- At-risk, first-time mothers throughout **prenatal and postpartum period**
- 293 clients (FY 15-16)
- 141 SFHN members
Nurse Home Visiting: Field Public Health Nursing

What we do

- Nurse Home Visiting Program that partners nurses with families to provide support for women, infants, and children including:
  - Clinical assessments and case management
  - Education and support for healthy pregnancies
  - Guidance on
    - Caring for newborns
    - Caring for a child with special health needs
    - Self-care
  - Linkage to community resources & care

Who we serve

- At-risk prenatal and postpartum women and their newborns, chronically ill infants, children, and adolescents
- 836 clients (FY 15-16)
- 670 SFHN members
What we do

- Provides **support and education** throughout pregnancy for **African American pregnant women** to promote the health of mothers and babies
- Conduct **group education and individual client services** to address issues including:
  - Chronic stress
  - Social isolation
  - Limited access to services
  - Racial inequities
  - Economic hardship
  - Disempowered communities

Who we serve

- **African American women during prenatal and postpartum period** within San Francisco
- 106 clients (FY 15-16)
**GOAL:** Create an environment that values and respects our people

**TARGET:** Increase % of staff members who Agree or Strongly Agree that the people I work with respect each other from 58% to 63%
Survey conducted: Feb - April 2016

66% response rate (109 out of 164 staff)

Results:
- **Bright spots**: Leadership and Valuing behaviors
  - Trustworthy
  - Protects confidentiality
- **Areas for improvement**: Communication and Valuing behaviors
  - Dealing with conflict
  - Favoritism

What happens next:
- Results disseminated to managers and staff
- Managers set professional development goals for themselves
- Regular one-on-ones, coaching, and support for managers
In Fiscal Year 15-16, nearly 30% of children of color who were screened by the Child Care Health Program experienced Class 2 or 3 caries.
**GOAL:** Improve equity in oral health for young children

**TARGET:** Increase % of children (ages 6 mon - 6 yrs) most at risk for developing caries who receive fluoride varnish application from 71.5% to 76.5%
Child Care Health Program

What we do

- Conduct health screenings for early detection and kindergarten readiness:
  - Dental
  - Body Mass Index
  - Hearing
  - Vision
- Provide health and safety consultation, training, and disaster preparedness for childcare providers and families in targeted San Francisco neighborhoods.

Who we serve

- 1,794 children ages 0-5 years
- Children enrolled in First 5 Child Care Centers:
  - Low-Med income