HUMMINGBIRD PLACE PSYCHIATRIC RESPITE
Behavioral Health Navigation Center

San Francisco Department of Public Health
SFHN TRANSITIONS DIVISION

Presented by: Luis Calderon, Transitions Care Coordinator Director
April 17, 2018
Hummingbird Place

*In and Out*

Period: 8/30/17-3/31/18

- Shortest stay: 1 day
- Longest stay: 167 days
- Average Length of Stay for Overnight clients: 20.67 days
- Total # of clients (duplicated): 118
**Hummingbird Place**

*In and Out*

**DISCHARGED DESTINATION**

<table>
<thead>
<tr>
<th>Destination</th>
<th>Total</th>
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<tbody>
<tr>
<td>LHH</td>
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<tr>
<td>Other</td>
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<tr>
<td>RCF/E</td>
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<tr>
<td>ED</td>
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<tr>
<td>Hotel</td>
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<td>TX Program</td>
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<tr>
<td>Shelter</td>
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<tr>
<td>Home</td>
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<td>Street</td>
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</table>

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**Period:** 8/30/17-3/31/18

- **Shortest stay:** 1 day
- **Longest stay:** 167 days
- **Average Length of Stay for Overnight clients:** 20.67 days
• Motivational Interviewing to encourage engagement in treatment and services
• Socialization
• Supportive counseling and validation
• Link to medical and mental health care
  - provide onsite if not ready to go to clinic
• Assist with obtaining photo identification, Medi-Cal, Social Security benefits, CAAP,
• Reunite with families and escort when out of area
• Opportunity to bring clients engaged in the neighborhood directly to drop in when appropriate

• Clients brought into the Emergency Room or Psychiatric Emergency Services can be cleared and transferred to Hummingbird quickly
Hummingbird Place
Treatment Partners

- PRC/Baker Places: mental health, dual diagnosis crisis, residential, transitional treatment, medical detox
- Progress Foundation: mental health crisis, residential, transitional treatment
- HealthRight 360: substance use disorder and dual diagnosis residential treatment, social detox
- Additional Community Treatment Providers: Friendship House, Harbor Light, Mission Council to name a few

- SFHN Transitions Placement Team conducts Utilization Management and Utilization Review to monitor appropriate use of program beds to ensure flow.
• Street Medicine and Shelter Health hold clinics at Navigation Centers
• Hummingbird has on-call access to the SFHN Transitions Care Coordination Behavioral Health Clinicians
• Treatment Access Team is available to make site visits if clients are not able to come to the Behavioral Health Access Center
Hummingbird Place

Alice

- Initial engagement by Comprehensive Crisis Team near 16th Street and Mission
- 5150 to ZSFGH
- Discharge to Hummingbird Place
- Warm hand off to SFHN Transitions Care Coordination Team
- Assigned to a Tagalog speaking Public Health Nurse
- Discovered she enjoyed eating Filipino food
- Transitions Care Coordination brings Filipino food to Hummingbird
- Determine Alice is not interested in following up with ongoing medical work up. Options explained and she decides to move to the Sixteenth Street Hotel
- Provided television, soft mattress topper and set up the room
- Provide ongoing medical and social support care on a home visiting basis