

HEALTH COMMISSION

CITY AND COUNTY OF SAN FRANCISCO

RESOLUTION NO. 68-86

RESOLUTION SUPPORTING THE BOARD OF SUPERVISORS PROPOSED ORDINANCE TO REQUIRE THE DISCLOSURE OF INGREDIENT AND NUTRITION INFORMATION OF FOOD SOLD IN FAST FOOD ESTABLISHMENTS.

Whereas, major cardiovascular diseases are responsible for the deaths of almost one out of every two Americans and coronary heart disease costs the United States over \$60 billion annually in direct and indirect costs; and

Whereas, High serum cholesterol levels have been clearly associated with the incidence of cardiovascular disease and a diet high in calories, saturated fat, and cholesterol has been causally linked with high serum cholesterol levels; and

Whereas, Evidence has shown that the serum cholesterol level of most Americans is undesirably high; and

Whereas, Studies indicate that fast foods comprise a significant portion of the American diet and that food sold in fast food establishments contains highly saturated fats, more calories than needed for one meal, high sodium levels, high sugar content, and low levels of vitamins and minerals; and

Whereas, most fast food consumers are provided little, if any, information regarding foods on the menu to make informed choices consistent with their long term health; therefore be it

RESOLVED: That the Health Commission declares that it is in the public interest to require fast food establishments to make readily available to their customers ingredient and nutritional information regarding the products on their menus; and be it

FURTHER RESOLVED: That the Health Commission supports the proposed ordinance approves amending Part II, Chapter V of the San Francisco Municipal Code by adding sections 468 to 468.9 providing for the disclosure of ingredient and nutritional information of food sold in fast food establishments.

PRESIDENT

DIRECTOR OF HEALTH

I hereby certify that the foregoing resolution was adopted by the Health Commission
at its meeting of July 15, 1986


Secretary