The Quality Measures report is posted on the CMS website:
http://www.medicare.gov/nursinghomecompare

Resident Care Team completes the Minimum Data Set (MDS) on admission & every 3 months, or sooner, if there is significant change in condition.

Data gathered is used to develop the Resident Care Plan, submitted to CMS, tracked quarterly and reported as Quality Measures.

Follow-up: Resident outcomes are evaluated & the Resident Care Plan revised as necessary to meet goals.
Categories of Quality Measures (QMs) and Data Collection Periods

- CMS classifies QMs into short stay and long stay measures
- Short stay measures are captured on residents who stay < 100 days in the skilled nursing facility
- Data collection periods
  - Short stay data collection period is 12 months (from January 2013 to December 2013 for this report)
  - Long stay data collection period is 9 months (from April 2013 to December 2013 for this report)
List of Short and Long Stay QMs

- Self report of moderate to severe pain
- Pressure ulcers that are new or worsen
- Newly received an antipsychotic medication
- Assessed and given appropriately the seasonal influenza vaccine
- Assessed and given appropriately the pneumococcal vaccine
## Comparison of Short and Long Stay QMs on Pain, Pressure Ulcers and Use of Antipsychotic Medication

*Lower percentages are better.*

<table>
<thead>
<tr>
<th>Category</th>
<th>LAGUNA HONDA HOSPITAL &amp; REHABILITATION CENTER D/P SNF</th>
<th>CALIFORNIA AVERAGE</th>
<th>NATIONAL AVERAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of <strong>short-stay</strong> residents who self-report moderate to severe pain.</td>
<td>13.7%</td>
<td>16.8%</td>
<td>19.2%</td>
</tr>
<tr>
<td>Percent of <strong>long-stay</strong> residents who self-report moderate to severe pain.</td>
<td>6.4%</td>
<td>5.9%</td>
<td>8.3%</td>
</tr>
<tr>
<td>Percent of <strong>short-stay</strong> residents with pressure ulcers that are new or worsened.</td>
<td>0.0%</td>
<td>0.9%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Percent of <strong>long-stay</strong> high-risk residents with pressure ulcers.</td>
<td>3.4%</td>
<td>6.2%</td>
<td>6.1%</td>
</tr>
<tr>
<td>Percent of <strong>short-stay</strong> residents who newly received and antipsychotic medication.</td>
<td>3.1%</td>
<td>2.0%</td>
<td>2.6%</td>
</tr>
<tr>
<td>Percent of <strong>long-stay</strong> residents who received an antipsychotic medication.</td>
<td>12.4%</td>
<td>16.5%</td>
<td>20.7%</td>
</tr>
</tbody>
</table>

Source: Medicare.gov | Nursing Home Compare  
The official U.S. Government Site for Medicare
Percent of **short-stay** residents assessed and given, appropriately, the seasonal influenza vaccine.

Source: Medicare.gov | Nursing Home Compare
The official U.S. Government Site for Medicare

Percent of **long-stay** residents assessed and given, appropriately, seasonal influenza vaccine.
Percent of **short-stay** residents assessed and given, appropriately, the pneumococcal vaccine.

Percent of **long-stay** residents assessed and given, appropriately, the pneumococcal vaccine.

Source: Medicare.gov | Nursing Home Compare
The official U.S. Government Site for Medicare
List of Long Stay QMs Only

- Experience one or more falls with major injury
- Use of physical restraints
- Need for help with daily activities has increased
- Lose too much weight
- Have depressive symptoms
- Experience urinary tract infections
- Have a catheter inserted and left in the bladder
- Lose control of their bowels or bladder
### Comparison of Long Stay QMs on Falls, Restraints and Help with ADLs

*Lower percentages are better.*

<table>
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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Percent of <em>long-stay</em> residents experiencing one or more falls with major injury.</td>
<td>1.5%</td>
<td>1.6%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Percent of <em>long-stay</em> residents who were physically restrained.</td>
<td>1.0%</td>
<td>2.1%</td>
<td>1.4%</td>
</tr>
</tbody>
</table>

Percent of *long-stay* residents whose need for help with daily activities has increased.

Source: Medicare.gov | Nursing Home Compare
The official U.S. Government Site for Medicare
### Comparison of Long Stay QMs on Weight Loss and Depressive Symptoms

*Lower percentages are better.*

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Percent of <em>long-stay</em> residents who lose too much weight.</td>
<td>4.3%</td>
<td>5.8%</td>
<td>7.2%</td>
</tr>
<tr>
<td>Percent of <em>long-stay</em> residents who have depressive symptoms.</td>
<td>0.8%</td>
<td>1.8%</td>
<td>6.3%</td>
</tr>
</tbody>
</table>

Source: Medicare.gov | Nursing Home Compare
The official U.S. Government Site for Medicare
Comparison of Long Stay QMs on UTI, Catheter Use and B & B Function

<table>
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<th>NATIONAL AVERAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of long-stay residents with a urinary tract infection (UTI).</td>
<td>2.6%</td>
<td>5.3%</td>
<td>6.2%</td>
</tr>
<tr>
<td>Percent of long-stay residents who have/had a catheter inserted and left in their bladder.</td>
<td>2.0%</td>
<td>3.4%</td>
<td>3.2%</td>
</tr>
</tbody>
</table>

Percent of long-stay low-risk residents who lose control of their bowels or bladder (B & B).

Source: Medicare.gov | Nursing Home Compare
The official U.S. Government Site for Medicare
Historical Achievement

• Laguna Honda has made progressive quality of care improvements since the move to the new building in 2010
  • 2011 Quality Measures rating: 3 stars
  • 2012 Quality Measures rating: 4 stars
  • 2013 Quality Measures rating: 5 stars
  • Year to date 2014 QMs rating: 5 stars
Laguna Honda’s 2014 Rating (year to date)
As determined annually by the Center of Medicare and Medicaid Services (CMS) Nursing Home Compare Report

- Health Inspections

- Nurse Staffing

- Quality Measures

- Overall

Next Steps: Improve annual survey health inspection rating to achieve an overall 5 stars rating, maintain Nurse Staffing ratios and Quality Measures rating