REHAB TEAM
LHH REHABILITATION – SKILLED SERVICES

**Physical Therapy**
- Mobility Assessment and Training: bed mobility, transfers
- Gait Assessment and Training: household, stairs, community

**Occupational Therapy**
- ADL training
- Cognitive assessment and treatment
- Visual/Perceptual awareness training
- Functional splinting

**Speech Therapy**
- Cognitive/Language evaluation and treatment
- Communication Augmentation
- Dysphagia evaluation and treatment

**Neuropsychology**
- Neuropsychological Testing
- Psychological Support
- Assistance with discharge planning

**Rehabilitation Nursing**
- Self Medication training
- Bowel and Bladder Training
- Self Management Training in:
  - Bowel and Bladder Care
  - Wound Care
  - Device use (e.g. prosthesis)

**Physiatry**
- Acute Rehab Management
- SNF Rehab Management

**Electrodiagnostics**
- Botulinum Toxin injections for Dystonia

**Nursing**
LHH REHABILITATION - RESTORATIVE

- Nursing Restorative
- Vocational Rehabilitation
- Wellness Program
### TOP 3 DIAGNOSIS

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Current Initiatives</th>
<th>Partnerships</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Cerebrovascular Disease</td>
<td></td>
<td></td>
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<tr>
<td>438.9 Unspecified Late Effects of CVA</td>
<td>Stroke Awareness Program (2013)</td>
<td>American Heart Association</td>
</tr>
<tr>
<td>438.20 Late Effect CVA Hemiplegia Unspecified</td>
<td>Stroke Assessment Early Detection Training for Nurses (2014)</td>
<td>American Association of Neuroscience Nurses</td>
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<tr>
<td>AGES: 25-44 (6%), 45-64 (44%), <strong>65-84 (48%)</strong>, &gt;85 (2%)</td>
<td>Early Signs of Stroke Tool Card (2014)</td>
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<tr>
<td>GENDER: <strong>male (69%)</strong>, female (31%)</td>
<td>Cardiac Kit (2014)</td>
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<tr>
<td>B. Post Injury/Trauma</td>
<td></td>
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<tr>
<td>952.0, 952.1 Spinal Cord Injury</td>
<td>TBI Assessment using Rancho Los Amigos Scale Training (2014 and 2015)</td>
<td>SFGH Clinical Services:</td>
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<tr>
<td>850.0 Traumatic Brain Injury</td>
<td>New Approaches for Spinal Cord Injury (late 2015)</td>
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<tr>
<td>AGES: 25-44 (11%), <strong>45-64 (68%)</strong>, 65-84 (21%)</td>
<td>Bowel and Bladder Training post SCI for Nurses (late 2015)</td>
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<tr>
<td>GENDER: <strong>male (63%)</strong>, female (37%)</td>
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<tr>
<td>C. Orthopedics</td>
<td></td>
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<tr>
<td>V49.71 Lower Limb Amputation</td>
<td>RN Reviewer Course for Certified Rehab Nurse (2013 &amp; 2014)</td>
<td>SFGH Clinical Service:</td>
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<tr>
<td>821.20 Hip Fracture</td>
<td>Restorative Certified Nursing Assistant Training and Certification (late 2015)</td>
<td>Orthopedic Surgery</td>
</tr>
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<td></td>
<td>Deep Vein Thrombosis Prevention (Ongoing)</td>
<td>American Association of Rehab Nurses (CRRN and Restorative Aides)</td>
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<td></td>
<td>Functional Limb Service Clinic (2015)</td>
<td>Orthopedic Trauma Institute (International Orthopedic Trauma Conference)</td>
</tr>
</tbody>
</table>
AVERAGE LENGTH OF STAY

REHAB AVERAGE LENGTH OF STAY FOR RESIDENTS WITH TOP 3 DIAGNOSIS
FY 2014 THRU 2015

- CVA: n=52
- Spinal Cord Injury: n=19
- Hip Fx: n=41

# of Days
0 10 20 30 40 50 60 70
n=112
DISCHARGE DISPOSITION

DISCHARGE DESTINATIONS FOR CVA, SCI AND HIP FX
FY 2014-2015
n=112

<table>
<thead>
<tr>
<th>Discharge Destinations</th>
<th>CVA</th>
<th>Spinal Cord Injury</th>
<th>Hip Fx</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expired</td>
<td>1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Discharged to Acute</td>
<td>3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Currently at LHH SNF</td>
<td>13%</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>Shelter</td>
<td>10%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Residential Treatment</td>
<td>1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Board and Care</td>
<td>1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>House/Apartment</td>
<td>24%</td>
<td>9%</td>
<td>22%</td>
</tr>
<tr>
<td>Hotel/SRO</td>
<td>4%</td>
<td>2%</td>
<td>4%</td>
</tr>
<tr>
<td>AMA</td>
<td>1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AWOL</td>
<td>2%</td>
<td></td>
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</tr>
</tbody>
</table>

Total % of Discharges
FUTURE WORKS

Plan to Meet Rehabilitation Bed Capacity

- Referral Management
  - Timely identification of potential SFHN patient referrals to LHH from SFGH
  - Expedite admissions to LHH by streamlining referral review process

- Health Plan Contracts to include Rehabilitation Services at LHH
  - SFHP (completed)
  - Anthem Blue Cross (completed)
  - Northeast Medical Services (in progress)
  - CCHP as part of SFHP (in progress)

- SFGH Inpatient Acute Partnerships
  - Continue participation in Neurotrauma Service and Trauma Service Team Rounds
  - Participate in Neurology Service and Family Medicine Service Team Rounds
Thank You

REHAB LEADERHIP

Coleen Riley, MD
Lisa Pascual, MD
Maggie Ryakowski, RN, MS
Donna Valencia, RN, MSN
Dave Snyder, MS, PT, OCS
Jennifer Carton-Wade, MOT, OTL/R