Laguna Honda Hospital and Rehabilitation Center
San Francisco, CA
November 6, 2018

1. **Problem:** Laguna Honda Hospital’s Facility Observed Percent for Increased Need For Activities of Daily Living (ADL) Help is 11.3%, which is worse than the State Average (11.0%).

2. **Aim:** Improve Facility Observed Percentage for Increased Need for ADL help among the four late loss categories to <11% for long term residents by June 2018.

3. **Intervention(s):**

   **Standard Work**
   - Revise DNCR to prove more space for narrative documentation.
   - Develop standard work for identifying and addressing ADL decline.
   - Create standard work for Minimum Data Set (MDS) coding by Licensed Nurses.

   **Education**
   - Initiate annual DNCR and ADL coding training for all nursing staff.
   - Initiate annual Rehabilitation and Restorative techniques and equipment training.
   - Acute skills day with rehabilitation education and skills competencies.
   - Restorative Nursing Program unit-based inservices to promote the service.
   - Inaugural rehabilitation symposium presentation "Restorative Nursing: Collaborating to maximizing function"

   **Resources**
   - Collaborate with General SNF COE to develop plans for expanding and standardizing neighborhood function-based exercise programs.

4. **Measures/Indicators:**
   - Percentage of Increased ADL Help as captured by MDS and ranked against state and national averages.

5. **Results:**
6. Lessons Learned:
   - Staff felt that the current workflow already matched the standard work, but the documentation did not reflect this.
   - Education calendar for nursing was impacted.
   - Nursing, rehab and activity therapy provide services that affect ADLs, but coordinating efforts and defining roles and responsibilities was challenging.

7. Next Steps:
   - Ongoing QA by MDS to monitor ADL decline standard work
   - Neighborhood function-based exercise program absorbed by SNF COE
   - Organize another rehab and restorative techniques and equipment training

8. Contact Information:
   Grace Chen, CNS

If you have this data, please describe/list below metrics associated with PI Project:

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<th>Metric</th>
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<th>Realized Costs (if any)</th>
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