Title: Optimizing patient flow throughout SFGH

I. Background: SFGH has historically not paid much attention to flow of patients into, through, and out of the hospital. With increasing demand for services and the need to control costs as an ACO, SFGH has wrestled with the impact of broken patient flow for the last several years. SFGH has made several well-intentioned attempts to address barriers to flow in a sporadic, uncoordinated, and unsustainable manner. This has generally been unsuccessful, resulting in few measureable and sustainable improvements in patient flow.

II. Current Conditions: Patient flow within and between Departments is characterized by long wait times that impact our ability to provide timely access to care for patients. The ED, SFGH is on ambulance diversion 42% of the time, patients leave the ED without being seen 8.3% of the time and patients wait an average of 225 minutes before being admitted to the hospital. Contributing to the ED backlog is the number of lower acuity (ESI 4/5) patients that could have been seen elsewhere in the SFHN (primary care or urgent care). Within the hospital, average lengths of stay are long (6.6 days), patients are discharged late in the day (3:05PM on average) and lower level care patients (LLOC) not requiring hospitalization reduce available beds. The net impact is poor patient quality and satisfaction and a negative financial impact (OOMG annual costs of $8M/yr). While providers and staff within a Unit see the effects of poor flow, they frequently attribute it to aspects that are not under their direct control (happening outside of their Department or not fixable).

Problem Statement: The flow of patients within and between service lines results in long lead times, reduced quality of care and patient satisfaction, physician and staff frustration and a negative impact on our financial health.

III. Targets and Goals
1. Initiate a plan to improve ED and hospital flow based on A3 thinking, value stream mapping and a Lean management system by July 2015.
2. Decrease ED Diversion Rate from 42% to:
   - 35% Yr. Target
   - 0% 3 Yr. Goal
3. Reduce ED patient LWBS/T Rate from 8.3% to:
   - 6%
   - 2%
4. Reduce ED time to discharge from 225 min. to:
   - 190 min
   - 120 min
5. Reduce mean time from admit to discharge from the ED from 244 min. to:
   - 210 min
   - 150 min
6. Reduce mean time from ED arrival to hospital admission from 473 min to:
   - 360 min
   - 210 min
7. Increase percent of patients with hosp. discharge by 12:00 PM from 16% to:
   - 20%
   - 35%
8. Reduce average length of stay from 6.6 days to:
   - 6 days
   - 5 days
9. Reduce number of LLOC patients from x to:
   - 12
   - 6
10. Financial - Reduction in OOMG from $8.0M to:
    - $6M
    - $4M

IV. Analysis
1. There are no agreed upon priorities, process or target metrics for ED and hospital flow.
2. There is no daily management system or local visual management boards to sustain gains.
3. Priorities between clinical care, research and education are not balanced resulting in lack of attention to broken clinical care paths.
4. There is little coordinated teamwork between physicians, nurses and ancillary staff based in standard work.
5. There is a lack of accountability from senior leadership to front line staff around performance metrics.
6. Productivity levels have not been defined and are not incentivized.
7. A 'hero mentality' exists in some areas which values certain work and effort at the expense of efficient flow within and between Departments.
8. The areas most impacted by broken flow are the ED and the Med-Surg Wards; these are the highest yield areas for improvement.
9. Lower acuity patients who could be seen elsewhere within the network contribute to disruption of ED flow by increasing volume.
10. Absence of inpatient beds from long LOS, late discharges and LLOC patients contributes to the back up in the ED.

Root Cause: There is no coordinated and integrated approach to managing flow based on careful analysis of the problem, identification of root causes, and formulation of strategic, well organized countermeasures.

V. Countermeasures: Develop a coordinated, integrated and phased-in approach to manage flow based on developing our people to analyze the problem, define its root root causes, and formulate strategic, well organized countermeasures.

Phase 1: 1. Determine SFGH Flow Target Metrics and Goals (This document)
2. In the Emergency Department and Med-Surg Wards of the Hospital
   a. Conduct an A3 Thinking Workshop for key ED and Med Surg leaders
   b. Develop individual A3’s for ED and Med-Surg that define the flow problem and countermeasures and prioritize their deployment
   c. Use A3’s as framework to value stream map ED and Med Surg flow
   d. Initiate active daily management, unit scorecards, unit leadership teams and visual management boards in ED and Med-Surg.

Phase 2: 1. Spread above approach to Ambulatory Clinics and post-hospital discharge resources (Respite, Housing, etc). Starting Nov 2015

Phase 3: 1. Spread above approach to Ambulatory Clinics and post-hospital discharge resources (Respite, Housing, etc). Starting Nov 2015

VI. Plan: Initiate July 2015
Develop A3 thinkers using Lean methods and unit based A3’s in problem solving.

VII. Follow-Up
1. Each of the major elements will complete and share a documented “reflections” at the conclusion of each element implementation.
2. The Thedcare Monthly Scorecard Performance Review and communication strategy will be deployed as standard work in each of the 3 phases.